



LIFESAVING SOCIETY®
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts
Les experts en surveillance aquatique

Communiqué – January 2006

2006 CANADIAN LIFEGUARD CHAMPIONSHIPS

May 19 – 21, Dalplex Aquatic Centre, Halifax, Nova Scotia

PROGRAM OF EVENTS

The following will be conducted in Senior & Masters Divisions:

Race Events	Maximum Entries per Team
100m Obstacle Swim – Men	4 competitors
100m Obstacle Swim – Women	4 competitors
50m Manikin Carry – Men	4 competitors
50m Manikin Carry – Women	4 competitors
100m Manikin Carry with Fins – Men	4 competitors
100m Manikin Carry with Fins – Women	4 competitors
100m Tow with Fins – Men	4 competitors
100m Tow with Fins – Women	4 competitors
200m Iron Guard – Men	4 competitors
200m Iron Guard – Women	4 competitors
Line Throw – Men	2 competitors
Line Throw – Women	2 competitors

Relay Events	Maximum Entries per Team
4 x 50m Obstacle Relay – Men	1 team (4 competitors per team)
4 x 50m Obstacle Relay – Women	1 team (4 competitors per team)
4 x 50m Medley Relay – Men	1 team (4 competitors per team)
4 x 50m Medley Relay – Women	1 team (4 competitors per team)
4 x 25m Manikin Relay – Men	1 team (4 competitors per team)
4 x 25m Manikin Relay – Women	1 team (4 competitors per team)

The following events will be conducted in the Senior Division:

Simulated Emergency Events	Maximum Entries per Team
First Aid	2 teams (4 competitors per team)
Water Rescue	2 teams (4 competitors per team)
Priority Assessment	2 teams (4 competitors per team)

Masters division: Masters division events are conducted in these age categories: 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; and 65 years and over.

Masters Line Throw: Masters registered in the championship as individuals may enter the Line Throw event. The age of the “thrower” determines the masters age category. The masters thrower may use a victim from another team or club as “catcher” provided:

- the victim is registered for the Canadian Lifeguard Championship and meets the masters eligibility criteria outlined in the *Canadian Competition Manual*
- the masters thrower provides the victim’s swim cap

Thrower and victim shall marshall together. The victim’s name shall be recorded on the time card.

Masters Relay: Masters division relay events are conducted with 2 male and 2 female competitors whose ages total 140 years or more; 170 years or more; or 200 years or more.

First Aid, Water Rescue and Priority Assessment: These emergency response events shall be conducted without separate male and female categories. Teams may consist of any combination of males and / or females.

For the 2006 Canadian Lifeguard Championships event descriptions, please refer to *Simulated Emergency Response Event Descriptions – Revised January 2006*, posted with this communiqué.

For the 2006 Canadian Lifeguard Championships scoring sheets, please refer to *Scoring Sheets*, posted with this communiqué.

The Lifesaving Pentathlon: is comprised of the following 5 individual events: 100m Obstacle Swim, 50m Manikin Carry, 100m Tow with Fins, 200m Iron Guard and Line Throw. The Lifesaving Pentathlon is conducted in male and female categories. Competitors must enter and complete all 5 events.

SEEDING

Seeding shall be used in the Canadian Lifeguard Championships. In pool events, seeding shall be based on the times submitted for the specific events with registrations. Competitors' best times in the 12 months prior to the entry deadline of the championships shall be submitted on entry forms. Competitors will be ranked according to the entry times. Competitors for whom no times are submitted shall be considered to have the slowest times.

Placement of competitors with identical times shall be determined by draw.

In emergency response events, seeding shall be by draw. Entries from the same team will be placed in different heats.

AWARDS

Senior division: The Canadian team with the highest overall point score shall be awarded the Canadian Lifeguard Championship trophy and banner. The Lifesaving Society retains the trophy at the conclusion of the championships.

Individual awards shall be presented to the first 3 places in the final of all events at the Canadian Lifeguard Championships. (In Line Throw, both thrower and "victim" shall receive awards.) Event winners shall be recognized as Canadian Champions.

The **Lifesaving Pentathlon** award shall be presented to the female competitor and to the male competitor with the highest overall point scores in the following 5 events: 100m Obstacle Swim, 50m Manikin Carry, 100m Tow with Fins, 200m Iron Guard and Line Throw. Only competitors who enter all 5 of these events are eligible for Lifesaving Pentathlon awards. (Line Throw points accrue to the thrower, not the receiver or "victim".)

Masters division: Within each masters' age category, individual awards shall be presented to the first 3 places in the final of all events. Event winners shall be recognized as Canadian Masters Champions.

SCORING

Finals in Canadian championships

Finals shall be conducted for Canadian championships.

In race events, the fastest 16 competitors based on heats are assigned positions in an A- and B-final of 8 competitors each.

In simulated emergency events, the 16 teams with the highest point totals move to the finals.

Winners of finals shall be declared Canadian champions.

Canadian championships

In senior championships, where events allow multiple entries per team, all entries are eligible to earn team points.

Points in individual events: In the Canadian Lifeguard Championships, points (see chart below) are allocated in the following individual events: 100m Obstacle Swim, 50m Manikin Carry, 100m Manikin Carry with Fins, 100m Tow with Fins, 200m Iron Guard, and Line Throw.

Points in Lifesaving Pentathlon: In addition, the top 16 competitors in the Lifesaving Pentathlon earn team points as per the following chart:

Individual Events

Place	Points	Place	Points	Place	Points	Place	Points
1 st	20	5 th	13	9 th	8	13 th	4
2 nd	18	6 th	12	10 th	7	14 th	3
3 rd	16	7 th	11	11 th	6	15 th	2
4 th	14	8 th	10	12 th	5	16 th	1

Points in team events: In the Canadian Lifeguard Championships, points (see chart below) are allocated in the following team events: Obstacle Relay, Medley Relay and Manikin Carry Relay.

Team Events

Place	Points	Place	Points	Place	Points	Place	Points
1 st	40	5 th	26	9 th	16	13 th	8
2 nd	36	6 th	24	10 th	14	14 th	6
3 rd	32	7 th	22	11 th	12	15 th	4
4 th	28	8 th	20	12 th	10	16 th	2

Points in simulated emergency response events: In the Canadian Lifeguard Championship, points (see chart below) are allocated in the following simulated emergency response events: First Aid, Water Rescue and Priority Assessment.

Simulated Emergency Response Events

Place	Points	Place	Points	Place	Points	Place	Points
1 st	80	5 th	52	9 th	32	13 th	16
2 nd	72	6 th	48	10 th	28	14 th	12
3 rd	64	7 th	44	11 th	24	15 th	8
4 th	56	8 th	40	12 th	20	16 th	4

Disqualification

Competitors who are disqualified from an event (whether in heats or finals) shall not earn any placing points for a team.

Event cancellation

No points are credited to any team or individuals if an event is cancelled even if some heats have been run.

Ties

Ties are declared as such and the points divided equally among the individuals or teams involved.

In open water competition, when tied competitors qualify for a final, both advance to the appropriate final.

In pool competition, when tied competitors qualify for a final, a swim-off will be held to determine which competitor advances to the appropriate final.

Ties in overall point scores for teams or individuals are broken using the following system:

- Most first-place final finishes;
- Most second-place final finishes;
- Most third-place final finishes;...and so on.

ELIGIBILITY & TEAM COMPOSITION

Refer to the *Canadian Competition Manual, Section 3 General Rules and Procedures*. Consult the *Canadian Competition Manual* online in “Competition” / “Canadian Championships” at www.lifesavingsociety.com.

Neither deck entries nor exhibition swims shall be permitted.

ENTRY PROCEDURES

Championship registration

All teams must register prior to the championships in accordance with the procedures and deadlines established by the host organizing committee.

Team registration fees and event entry fees must be paid with the team registration.

Competitors should bring a photocopy of their Lifesaving Society award proving eligibility because it may be asked for at check-in.

To facilitate seeding in pool events, competitive times must accompany entries (see Seeding).

Registrations received after the deadline established by the host organizing committee may be subject to a late fee. The host organizing committee reserves the right to deny entry to late registrants.

The organizing committee reserves the right to require a team to change its team name.

Late entries

No entries in individual or team events shall be accepted later than 7 days prior to the first day of the Canadian championships.

WITHDRAWAL FROM OR NOT MARSHALLING FOR A RACE

Where 1 or more competitors withdraw from or do not marshall for a B-final, alternate competitors will be called forward according to times established in heats, and the B-final shall be re-seeded.

Where 1 or more competitors withdraw from or do not show for an A-final, alternate competitors shall be called forward from the B-final, and the A-final shall be re-seeded.

OFFICIALS

No individual who is acting as team coach, team manager or in a similar capacity is eligible to be appointed to an officials position with the authority to affect the outcome of an event, e.g., Starter, Judge, Timer, Referee, Scorer.

Officials may not ‘coach’ or similarly assist any team in competition. An official found to be in violation of this rule shall be declared ineligible to further act as an official.

LANGUAGE INTERPRETATION

French / English language interpreters shall be provided by the organizing committee at Canadian championships.

Teams who require interpretation service must make this known to organizers when registering for the championship.

Teams are encouraged to provide their own interpreters. These interpreters may not be a member of the team.

CANADIAN COMPETITION MANUAL

The *Canadian Competition Manual*, January 2003 Edition, provides competition organizers, officials, team managers and coaches with the definitive rules, standards and procedures for competitive lifesaving in Canada. The manual outlines the events, regulations, and procedures for Canadian championships – both pool and open water – for age group, senior and masters divisions,

and it defines the rules for sanctioned competitions.

Consult the *Canadian Competition Manual* online in “Competition” / “Canadian Championships” at www.lifesavingsociety.com.

Or purchase the manual for \$20.00 from the Lifesaving Society,
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FOR MORE INFORMATION

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CALENDAR

Canadian Surf Lifesaving Championships

Masters division: August 25, Manitoba

Seniors division: August 26-27, Manitoba

TYR Canadian Junior Lifeguard Games – Open Water

August 25, Manitoba