

# WAVES



February 2006

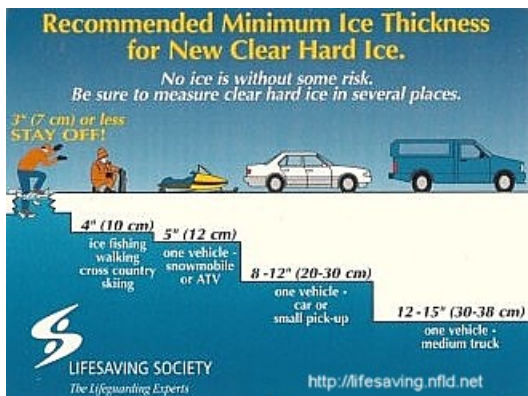


LIFESAVING SOCIETY®

The Lifeguarding Experts

## WATER SMART® CORNER

Be Water Smart in summer and winter! Always check the ice before you go on it/ Measure clean hard ice in several places and be wary of varying temperature conditions.



## Swim to Survive

Swim to Survive is a safety program, just like fire prevention, bicycle safety and seatbelt awareness. We believe basic swimming ability is a fundamental requirement in any meaningful attempt to eliminate drowning in Canada, and Swim to Survive was developed for exactly this reason – to provide basic swimming skills to children.

Swim to Survive is not meant to replace swimming lessons. It teaches three skills: roll entry, tread and swim. It is geared to children who don't take swimming lessons, which represents 60 per cent of children in Canada. We hope to reach these kids and teach them at least the minimum skills they need to survive an unexpectedly fall into water.

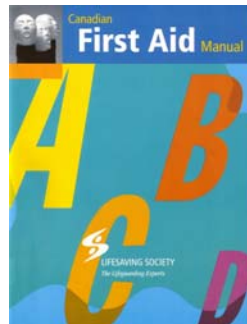
We hope that the Department of Education, school boards, municipal pools, private pools, pool owners and camps all pick up the Swim to Survive program.

If you are interested in learning more about this new program, or you know a teacher, principal or educator who may be interested, please contact our branch office at 709-576-1953 or by email: [lifeguard@nl.rogers.com](mailto:lifeguard@nl.rogers.com)

## LIFESAVING FIRST AID TRAINER UPDATE

On February 18<sup>th</sup> at Memorial University, the Society will be holding a mandatory update for Provincial Trainers, NLS/AEC Instructors and ITs to familiarize them with the new Lifesaving First Aid course.

The Lifesaving Society's First Aid program will be recognized by Occupational Health and Safety as of June 2006.



Drop by the branch to pick up your package and register by February 13<sup>th</sup>!

**Have you got your copy of the new Canadian First Aid Manual? Just \$9.95 (taxes and shipping not included).**

**Order yours now!**

## HIGH SCHOOL CREDITS

Since the launch in September 2005 of the Society's Lifesaving courses as high school credits, we have received questions from students, parents and instructors as how to apply for the 2 credit option for graduation.

It's simple. Contact our branch office and complete the application form. The Society will confirm your completion of awards, then return the completed form to your school for processing for your credits.

**Make a note of this date!**

**Saturday, June 3, 2006**

Lifesaving Society, NL Branch  
**ANNUAL GENERAL MEETING**  
St. John's

**FACT:**

**As a registered affiliate you have a single vote at the AGM.**

LIFESAVING SOCIETY  
11 Austin Street  
PO Box 8065, Stn A  
St. John's, NL A1B 3M9  
Tel: 709-576-1953 Fax: 709-738-1475  
Email: [lifeguard@nl.rogers.com](mailto:lifeguard@nl.rogers.com)  
Website: <http://lifesaving.nfld.net>