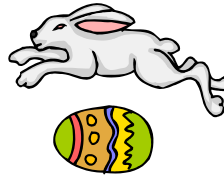


WAVES

March 2005



WATER SMART® CORNER

Thesis on Lifesaving

During the last session of the final thesis at the university Braca Karic in Belgrade in the faculty of Management of Sport, Dragana Manojlovic has graduated with the subject on Preparation of Swimmers for Lifeguard. She achieved the maximum score of 10. Dragana is a lifeguard and an active lifeguard instructor in Serbia and Montenegro for the Red Cross.

Dragana Manojlovic is continuing to improve the study of lifesaving during her Master course at the University Braca Karic in Belgrade.



AFFILIATE AWARDS

At the Society's Annual General Meeting, Affiliate Awards are presented to facilities offering the largest number of lifesaving awards, based on community population.

Are you in the running? Courses are assigned points which are then tabulated at the year's end. Awards are then presented to affiliates with the highest participation rates.

If you are a registered affiliate and you qualify, you will be notified by letter of your award. There are award for year round and seasonal pools. For more information, please contact the branch office or check the website.

3RD Annual Atlantic Conference Lifesaving Society

Make room in your calendar for this one! Featuring management training session by the University of New Brunswick.

April 21 & 22, 2005
Memramcook Institute
Memramcook NB

Find out more details by calling 902-425-5450 or email joans@lifesavingsociety.ns.ca

Registration deadline is April 1, 2005.

LIFESAVING SOCIETY, NL
11 Austin Street
PO Box 8065, Station 'A'
St. John's, NL A1B 3M9
Tel: 709-576-1953 Fax: 709-738-1475
Email: lifeguard@nl.rogers.com
Website: <http://lifesaving.nfld.net>

Moving?

Avoid missing out on important information about your awards! Be sure to provide the Lifesaving society with your most current contact information! Rest assured that the Society does not share your information with anyone. For more information, please see the Society's Privacy Policy.

DID YOU KNOW?

Lifeguards should be able to effectively scan their supervision zone within 30 sec. A drowning victim can slip quietly below the surface within this time. This impacts the size and shape of scanning zones and scanning strategy.

OR DID YOU KNOW...?

CPR minimizes the possibility of brain damage by supplying oxygen to the brain, but the heart won't start beating again without defibrillation. The possibility of successful resuscitation declines 7-10% with each minute that passes without defibrillation. After 12 minutes, less than 2-5% of victims will live



Year of
Sport and
Physical Education



LIFESAVING CALENDAR

March 27	Branch Office closed – Good Friday
April	Rescue Commendation Award Presentation Government House
April 17-23	Volunteer Week
May 4 – 7	National CLC and AGM – Kamloops, BC
May 28	Lifeguard Reunion and NL AGM
July 17-23	National Drowning Prevention Week