



WAVES

October 2004



LIFESAVING SOCIETY®

The Lifeguarding Experts

WATER SMART® CORNER

Contrary to popular belief, you can become hypothermic not only in the winter, but in the spring and fall. The air temperature may be hot, but the water temperature is still cold (i.e., below 20C/68F) in the spring and fall. In winter, we know that both the air and water are cold, so we dress accordingly. However in the spring and fall, people may often be wearing only shorts and t-shirt, so if they fall into the cold water, the risk of hypothermia is increased. Find out more by ordering **Ice The Winter Killer** – just \$25.00

REUNION 2004

DUE TO INSUFFICIENT REGISTRATION, THE PLANNED REUNION AND LIFESAVING COMPETITION DISPLAY HAS BEEN POSTPONED

We will reschedule this event at a later date. Watch your cable station, newspaper and e-mail for details or check the Society website –

<http://lifesaving.nfld.net>

AFFILIATE REGISTRATION

All facilities have received their **affiliate registration** forms for 2004. Registering with the Society is essential if your facility offers Lifesaving Programs. It provides the licensing and use of Lifesaving programs and resources, as well as providing access to WAVES, job opportunities, course promotion, and much more. As of October 31st, all facilities who have not registered with the Society will no longer be placed on our priority list for e-mails and news distribution. **Don't miss out! Register today!**



ACCEPTING APPLICATIONS FOR BOARD POSITIONS

The Lifesaving Society is currently accepting applications for positions on the **Board of Directors**. Applicants should have a sound knowledge of the Lifesaving Society, previous participation in a volunteer organization, knowledge of board governance and administration, flexibility and a minimum of 4 hours a

month to spare. To apply, **submit your resume to the Branch Office**, along with a letter stating why you would like to be on the Board of Directors.

INSTRUCTORS!! NOVEMBER IS BRONZE MEDALLION MONTH

The Lifesaving Society will be promoting **Bronze Medallion and CPR Certification** to the public and facilities throughout November. Watch for marketing ideas, teaching tips and chances to win a Lifesaving Rugby Shirt worth \$90!

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DEADLINE FOR RESCUE AWARD NOMINATIONS

October 31st is the **deadline** for nominations for

Rescue Commendation and M.G. Griffiths Certificate awards. These awards are presented to individuals who have performed outstanding aquatic rescues.

Successful nominations will be presented Awards by the Society's Patron, His Honour Edward Roberts, Lieutenant Governor in the spring of 2005.



NEW SAFETY EQUIPMENT!

They're here!
Lifesaving Pocket Masks,
With one way and oxygen valves in a hard case
- \$19.95



Colourful neoprene **Pocket Mask pouches**
- \$9.50

Spiral bracelets to go with the Fox 40 whistles just \$1.95 each.

Fox 40's only \$4.75 and

Glow in the Dark Fox 40s at just \$4.00!

The best price in town for the best lifeguarding whistle in the world.

And don't forget the new **Lifesaving Rugby Shirts**. At \$90 yes, they're a bit pricy, but they are unique shirts. (Christmas is coming... start dropping the hints now for one of these navy/gold Barbarian Rugby shirts)

